



GUIDE TO TREATMENT AND HELP

Treatment and help for you and your family

This is a guide to some of the experts and people that will be instructed in your case to give you an understanding of what it is they do.

Case Managers

Case managers play a major role in a client's rehabilitation in serious injury cases and should be engaged as early as possible and often from the outset, if appropriate funds are available. Their role is to assess and/or provide treatment for clients suffering from injuries. Their role will vary and will depend on the facts of each case and the nature of the injuries suffered.

We are involved in planning, implementing, coordinating and monitoring the services they provide as well as analysing and discussing with you the various options for treatment. Your case manager will liaise with agencies and individuals to ensure that your needs are identified, assessed and addressed. They will ensure that a programme for rehabilitation is implemented and reviewed.

Care and Nursing

Getting the right care and nursing can maximise a client's recovery, increase morale, self esteem and optimise independence. Not only will it provide a direct benefit to you but also to your family. Stages of recovery will vary and there will need to be adjustments to your treatment which needs to be carefully planned, monitored and progressed to meet your needs.

Accommodation

In many cases a client's accommodation is no longer suitable. Adjustments need to be made to provide a fully accessible, comfortable home with suitable adaptations. It is important to get the right team of people together to help advise on and implement the changes that need to be made.

We frequently instruct architects, surveyors and occupational therapists to carry out assessments to maximise a client's potential for independent living.



Mobility

Simple alterations can be made which can have a huge affect on a client achieving independence. It is important to address any changes that can be made to overcome problems. For example, it is possible to have driving assessments to help with any difficulties clients experience with driving in order that aids or adaptations can be recommended to overcome these problems.

Physiotherapy, Osteopathic and Chiropractic Treatment

This can be hugely beneficial to clients and it will be considered as part of an overall treatment plan. Medical experts will recommend treatment and we will instruct the right medical experts to advise on the most suitable treatment for you.

Vocational Therapy

Returning to work has a huge impact on morale and self esteem but it is not always possible in many serious injury cases. Experts can provide guidance and advice on what is appropriate with support, what type of work can be undertaken and prepare a programme of vocational re-training. If returning to a former place of work is not possible then other local jobs, training schemes or work experience placements can be considered in addition to training.

We have years of experience selecting suitable rehabilitation providers to assess and provide treatment for clients.

Occupational Therapist (also known as an OT)

When many people hear the word "occupation" they think that means "getting a job". Although Occupational Therapists can help with returning to work they tend to deal with everyday activities. An Occupational Therapist helps clients adapt to every aspect of life with more independence, confidence and control.

The client's occupational therapist will assess their ability to perform activities and design treatment programs to increase their capability to tackle difficulties. The treatment programs will very according to client's needs and these can include adaptations.



Psychologist

A Psychologist is not a Physician and does not prescribe medication. They work with clients which have generally sustained a head injury or have injuries which meant they need help to cope with their emotions or control their behaviour of to help the family deal with different aspects of the recovery process.

Speech and Language Therapist (also known as a SALT)

Their role is to assess and treat a Client's speech, language and communication problems in people of all ages to enable them to communicate to the best of their ability. They also work with people that have eating and swallowing problems.

"I'd say they are absolutely outstanding."

Client

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